



Belmont Primary School News

23 October 2020

Issue # 14

Coming
Events

Tuesday
27 October

Phys Zen Incursion
Rooms 3 and 4

Wednesday
28 October

Book Week
Dress-Up Day
Book Week Incursion

Friday
30 October

Room 4 Assembly

Monday
2 November

Ballet Incursion
Yrs 4 & 5

Tuesday
03 November

Phys Zen Incursion
Rooms 3 and 4

Quote of the
Fortnight

"It is not how much we have, but how much we enjoy, that makes happiness."

Anon

Dear Parents and Caregivers,

Fourth term already, and two weeks in! Kids have all settled back after the holidays—and were quite excited to be back with their friends. I also loved the big smiles from the parents as they dropped off their children!

I received our latest update from the Education Department yesterday and Phase 4 restrictions are still in place. Thanks to all parents who have worked with us in the dropping off and picking up of students at the gates. I know that parents would love to come and visit the classes again, and teachers have expressed the same. Let's hope that the restrictions are lifted soon.

We can still welcome you to our assemblies, following social distance requirements, and I know that we are looking forward to our end-of-year concert and seeing you all at that.

4th Term: There is so much on this term and I know the staff felt exhausted just going through each event at our Staff Meeting. Please keep your Term Planner handy to keep track of all the events, and add to this if other events come up.

Several forms were sent home over the past two weeks. All school incursion and excursion forms, along with any money due, can be returned to the class teacher. **The Photo forms come back on the day of the photos** and are handed to the photographer when the class goes for their photos. (Timetable next newsletter)

Our Book Week Incursion and Book Fair will start off our activities for this term, with our Dress Up for Book Week Parade on Wednesday, 28 November. Parents are able to visit the Library between 9:00-10:00am on that day to view the books on display for purchase.

P&C— We would really like to see more parents / family members come to our P&C Meetings. You have a wonderful group of parents who have taken up the Executive positions to ensure that our P&C continues to run. Thanks to:

Tabitha Wynn—President

Olivia Yuen—Vice President

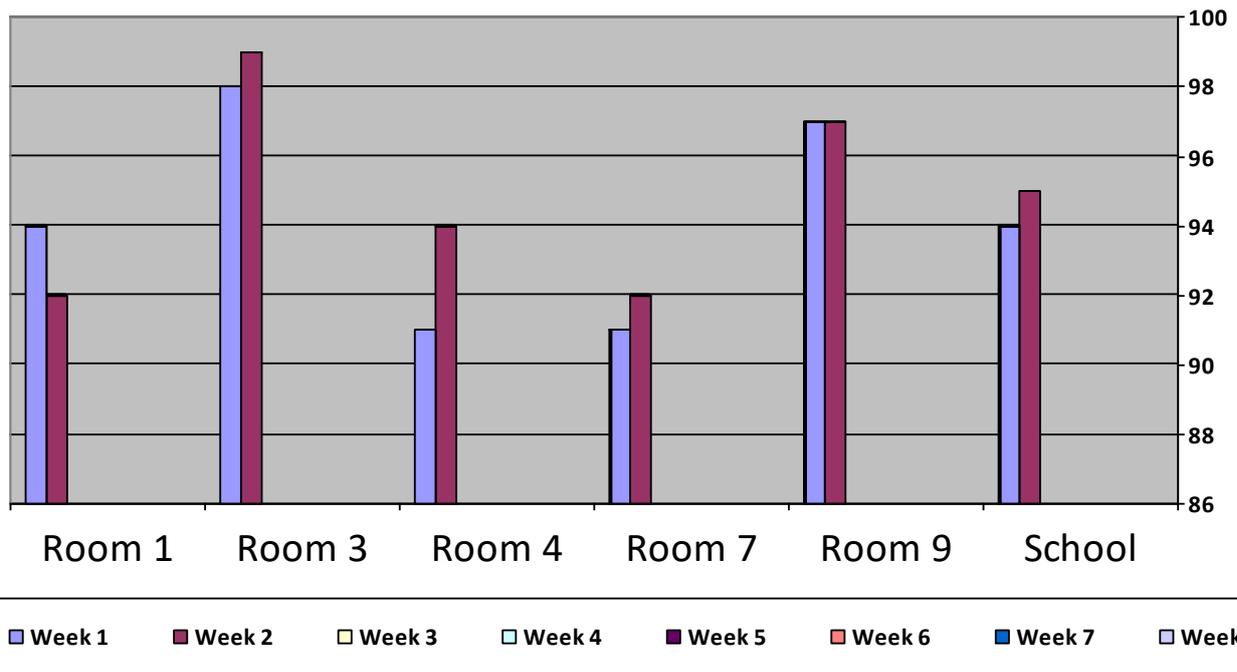
Tiffany Wendt—Secretary

Ms Laura Perzamanos— Treasurer

Olivia, Tiffany and Laura will also be working together as Uniform Coordinators.

Our next meeting will be on the 24th November, from 1:30-3:00pm. We would love to see you there!

Thanks to all parents who returned the little survey for me. From these



surveys, our next School Development Day will be on Monday, 23rd November. This means that students will not attend that day, and staff will be working on our 2021 planning.

There were so many positive comments in regards to the Dance Performance—we are glad that you enjoyed this performance, and I will pass your comments on to Tayla.

Thanks, also, for the icy pole donations to date. We will be selling these on Thursdays and Fridays, and all money raised will go towards subsidising our End of Year Activity which will be attended by all students—Kindy to Year 6.

2021—It’s that time of the year, when the rumours start circulating about who is leaving next year. Could I please ask that you inform the front office if your child/ren will not be returning to Belmont PS next year (other than the Year 6 students). Our Annual Budget is determined by our numbers and accurate student numbers ensures that our Budget is also accurate. Thanks, everyone!

It’s going to be a glorious weekend—enjoy!

Stephanne Dann.....Principal

Office News

Visitor Sign In / Sign Out

Please remember that all visitors/parents on school premises must sign in when entering and sign out when leaving.

This is also a requirement for all parents who are here for teacher meetings.

School Accounts

Term accounts are being sent home with your child/ren today. Please make sure you ask them for it or look in their bags. As we are getting close to the end of the year please make sure all your outstanding payments are paid.

All contributions and payments may be paid by Direct Deposit, Eftpos or you may phone the office with credit card details and we can process for you.

Direct Deposit details;

BSB: 066 040

Account #: 19901797



(Please put your child’s name in reference)

Thank you to all the families who have already paid ☺

Science Corner



This term all classes from K to 6 will all be working on Earth and Space Science topics from the Primary Connection Program. This Program is aligned to the Australian and Western Australian Science Curriculum.. Topics for the term include Weather in my World, Up, Down and All Around, Waterworks, Beneath Our Feet and Creators and Destroyers.

Mr Baillie our SIS school representative has contacted me and has decided that he can no longer volunteer in this position. We would like to thank Mr Baillie for his time and for the many activities he organised for our students over the last couple of years. The students will miss him.

I have contacted the STEM Professionals which the program is now called to find us another scientist to continue this program in 2021.

Waste Wise

Remember if you have used batteries, please send them to your child's class where there is a collection jar. Room 9 weighs the batteries to see which class collects the most and it is announced at the School Assembly. If you have any other items that you would like to recycle, please send them to the Recycle centre.

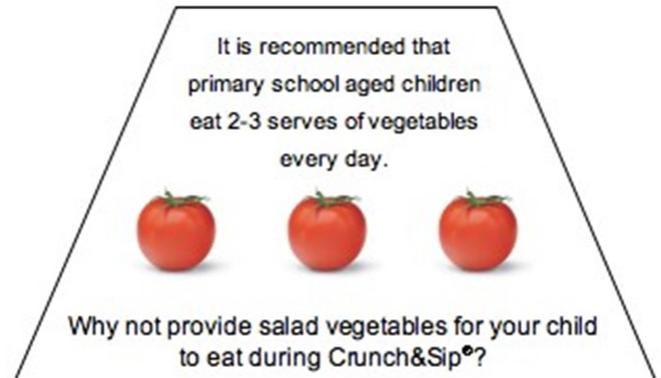


Fact—The manufacture of one toothbrush produces 1.5 kilograms of waste.

Crunch&Sip®

Crunch&Sip® is a set break in class where children eat a piece of fruit or salad vegetable and sip water throughout the day. We ask parents and carers to supply a suitable snack and a drink bottle with water for our Crunch&Sip® breaks. Research has

shown that drinking water and eating fruit and vegetables is essential for good health and can help children concentrate throughout the day.



Belmont Primary is a certified Crunch&Sip® school and is committed to improving the health outcomes of our students.

Sunsmart



As Belmont Primary is a Sunsmart School the students are required to wear a hat that covers their ears, ie a legionnaire style, bucket/surfie style (6cm brim) or broad brimmed (7.5cm brim) hat during all 4 terms of school. School hats can be purchased at the School Uniform shop. A cap is not a suitable covering and students will be asked to sit in the undercover area with the students who have no hat at all. We would like to thank our students who are wearing the correct hat. Well done! Keep up the great effort.

Some clothing is marked with an Ultraviolet Protection Factor (UPF). The higher the UPF, the more protection the fabric will provide. Look for clothing with a UPFactor of 40-50+.

Water Wise.

This week, 19 -25 October, is National Water Week. Classes will have an activity taken by their class teacher and work will be displayed outside their classroom.



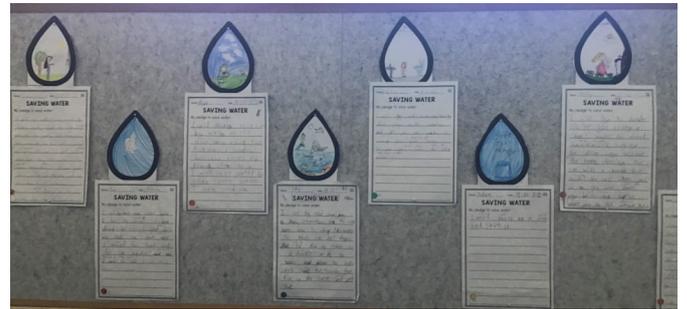
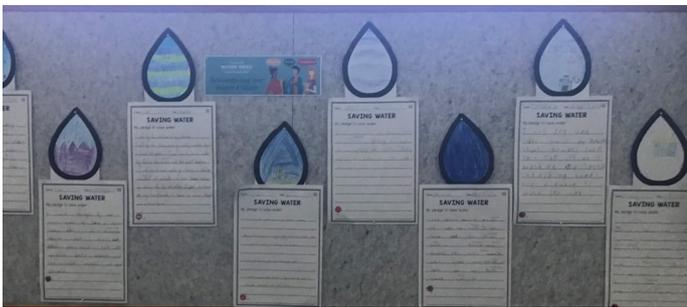
National WATER WEEK
19-25 OCTOBER 2020

Let's reimagine our water future



HOST ORGANISATION
AUSTRALIAN WATER ASSOCIATION

MAJOR PARTNER
nylex



Importance of Water to the World!

- We need water for food. We use water to survive and DRINK!!
- Waterfalls for a beautiful view
- we need water to clean our shoes.
- Water to make power hydroelectricity
- Animals need water to survive
- Make wood
- we use tools to cool
- The Water Cycle
- to wash hands.
- ITS IMPORTANT TO GET CLEAN WATER
- to make clean clothes
- The Ocean for giving us food.
- to make gasoline to make cars work
- to grow plants
- to wash their clothes

Importance of Water to my family!

- Give Your Pets a Bath
- use water to make ice.
- clean windows helps us to grow
- It helps us to stay hydrated
- boiled water
- for activities like: pools, sprinklers, playing, painting
- use the bathroom toilet.
- for cooking
- It helps you to stay clean
- to shave
- wash the dishes
- brushing teeth
- clean your car
- It helps us live
- clean your car
- Aquarium for your Pet fish
- TO MOP THE FLOOR
- clean your bike
- clean the house
- showering
- clean your bike

Importance of Water to the Community!

- Farms to clean cars
- surfing
- Swimming
- Public Drinking Clean water.
- Having fun
- public toilets
- Excursions
- Drinking water
- we need clean water to make our Food!!!
- we need water for dogs
- we need water to have Showers
- Animals
- We need water for schools
- To brush your teeth
- Water fountains
- sprinklers
- for the dishes (including rest. dishes)
- for water park
- Milk Showers
- WE NEED WATER TO CLEAN fruits and vegetables
- for plants to grow

Importance of Water to Me!

- To cool
- to stay clean
- clean the house
- Wash your car
- cup of tea for my mum!
- to experiment
- To water my garden
- To clean the dishes
- To do the washing
- TO paint
- to go to the toilet
- to brush your teeth
- To make things
- To make Smoothies
- To keep my pets hydrated
- doing the dishes
- to make slime
- So I can wash my clothing in the washing machine
- water is important to me because I need to drink
- you need to use water to shower
- to our science

Now is the time to reset your sprinklers ready for the summer months.

Fact— Half of the world's wetlands have been lost since 1900.

Tip—



End of Year Whole School Incursion

To celebrate our wonderful and interesting year of learning, developing and enjoying school at Belmont Primary, the students will participate in an incursion by **Educate by Nature-Muddy Gully** in the morning on **Wednesday 9 December 2020**. All classes from K to 6 will be taking part on the school oval. This incursion, booked by the staff in February this year, allows the students an opportunity to take sensory risks in a supportive environment. More information about the incursion will follow closer to the time of the incursion.

We are fundraising to help reduce the cost of the incursion by selling icy poles for \$1 on Thursday and Friday lunch times. A big thank you goes to Room 9 for helping with this activity to raise money to benefit all the students at the school. Thank you to the P&C who are also planning to help subsidise the event as well.

It is planned to have a picnic lunch under the trees at the school and then after lunch we will have **Rippa Arvo**. More information about the afternoon activities will follow closer to the date as well.

Colour Fun Run

SCHOOL FUN RUN

We're holding the *School Fun Run's Crazy Colour Day* as a major fundraising event this year! The event will be held on **Monday 9th November at 2:00pm**. Kindy Green students are welcome to join us for this whole school event.

Keep your eyes peeled for the sponsorship forms which were sent home with your child/ren on Wednesday. Once you have the form, you should sign up for a Student Profile Page at schoolfunrun.com.au. You'll be able to access online fundraising and can win a \$20,000 Ultimate Family Experience!

Thank you to all who have already created a profile, we have 42 students and counting. Currently we have raised \$1787.

Students who raise \$10 or more will receive a reward, and the more money you raise the better the reward, and the more you help the school!

We're looking for all students to participate and we're organising a great day for our school, so we'd love everyone to come down to support the kids, adhering to social distancing requirements. Students are asked to bring a white t shirt to school to wear during the event for **MAXIMUM** colour effect!

If you have any questions about the Crazy Colour Day please you can contact the School Fun Run Office on 1800 FUN RUN. Alternatively, you can direct questions to me (melissa.mcdonald2@education.wa.edu.au), as school coordinator.

Thanks for supporting the school and we hope to see you at the event!

Mrs McDonald—Phys Ed Teacher

Room 4's Cooking Creations



Throughout the year we have been helping Mrs Tero & Mrs Robinson care for our vegetable garden. As a reward for our hard work we cooked up storm with some with some of the vegetables and herbs we had grown.

We first collected our produce which was Chives, Coriander, Spinach and a few small potatoes.



With our produce and a little bit of shopping from Mrs Callaghan we got busy in the Kitchen. We washed, chopped, tasted and baked our produce to create 2 dishes.



A tomato Salsa with corn chips and Baked Potatoes with Cheese, Sour cream and Chives.



Mrs Tero also sauteed some Spinach with garlic and butter for us to taste which was a yummy surprise!



After eating our delicious creations, it was time for the dishes! :(





Dear Parent/Guardian,

Annual School Photos are coming soon. 3P Photography are excited to be at your school on..

18th + 19th November 2020

Before Photo Day:

- Individual Order Forms will be handed out to each student prior to Photo Day
- Complete the Form and hand to your child's teacher prior to Photo Day
- Photos can also be ordered online at www.3p.net.au
The Shoot Key is printed on the bottom of your Order Form
- Please return the Form regardless of whether you are ordering prints or not
- After Photo Day a Late Fee may occur

Photo Day:

- Please ensure your child has returned the Order Form
- Advise your child that 3P will be taking Photos today
- Please ensure correct and neat uniform is worn
- Hair neat and tidy. Preferably no large side/high ponytails, it may be cropped out

Sibling Photos:

- Sibling Photos will be taken at the photography area at your school
- Please note, students will not be collected from class
- Students must present themselves to the photography area
- Order only on eldest child's Form, unless ordering multiple sibling packs
- Photo times are 15min before and after School, unless otherwise indicated

Should you have any queries, please don't hesitate to contact 3P directly on (08) 9250 6244.

Breakthrough to Wellbeing Summit **Community. Connection. Contribution**

Inviting women from all ages and backgrounds:
Come join us for day of sharing, exploring key priority areas and issues of significance to the Belmont community together with local government and service providers.

SESSION 1 (ONLINE) SATURDAY OCT 24 1:30PM - 3PM

REGISTER HERE: [HTTPS://WWW.EVENTBRITE.COM.AU/E/BREAKTHROUGH-TO-WELLBEING-SESSION-1-TICKETS-117761384471](https://www.eventbrite.com.au/e/breakthrough-to-wellbeing-session-1-tickets-117761384471)

SESSION 2 (IN-PERSON) FRIDAY OCT 30 10AM-2.30PM

REGISTER HERE: [HTTPS://WWW.EVENTBRITE.COM.AU/E/BREAKTHROUGH-TO-WELLBEING-SESSION-2-FACE-TO-FACE-TICKETS-117762553969](https://www.eventbrite.com.au/e/breakthrough-to-wellbeing-session-2-face-to-face-tickets-117762553969)
VENUE: FORSTER PARK COMMUNITY CENTRE (LIGHT CATERING PROVIDED)

SESSION 3 (ONLINE) SATURDAY NOVEMBER 7 1.30- 3PM

REGISTER HERE: [HTTPS://WWW.EVENTBRITE.COM.AU/E/BREAKTHROUGH-TO-WELLBEING-SESSION-3-TICKETS-117763041427](https://www.eventbrite.com.au/e/breakthrough-to-wellbeing-session-3-tickets-117763041427)



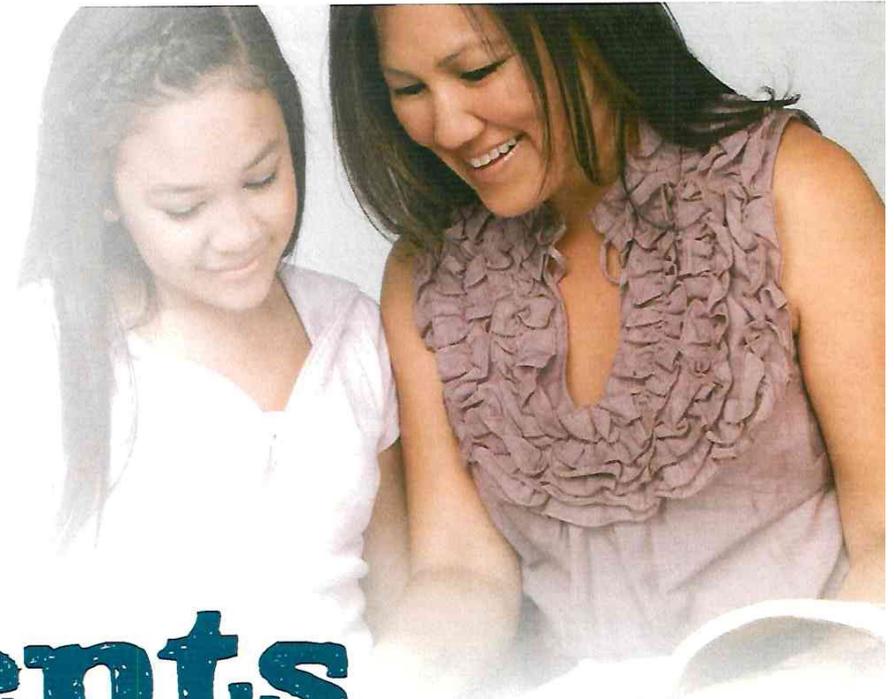
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Parents stay positive

WITH TRIPLE P-POSITIVE PARENTING PROGRAM

Our free two hour seminars can help you:

- improve your relationship with your teenager
- manage your teenager's behaviour so everyone enjoys life more
- increase your teenager's resilience
- improve your teenager's confidence.

Seminar 1

Raising Responsible Teenagers

Date 2nd November 2020

Time 5pm

Venue Belmont City College
Staffroom

To register for this session, click [here](#)

Seminar 2

Raising Competent Teenagers

Date 9th November 2020

Time 5pm

Venue Belmont City College
Staffroom

To register for this session, click [here](#)

Seminar 3

Getting Teenagers Connected

Date 16th November

Time 5pm

Venue Belmont City College
Staffroom

To register for this session, click [here](#)

Seminars are for parents/carers of children from about 10 to 15 years of age. Each two hour seminar includes a presentation, tip sheet, discussion and question time.

To register manually, you can search for these sessions by location at

www.triplep-parenting.net.au/wa

For other enquiries, phone Belmont CC on 9473 9800.





Make Your Move

Mums, Bubs and Nans Yoga

**WOULD YOU LIKE TO TRY YOGA FOR FREE?
WOULD YOU LIKE TO PARTICIPATE AND FEEL INCLUDED?
THEN PLEASE REGISTER AND ENROL FOR THIS ACTIVITY**

Program Information:

Our mums, bubs and nans yoga program is perfect for all people who are yet to discover their passion for yoga. During this 6 week program, people of all abilities and ages will be provided a fun and safe environment where they can develop skills, enhance self-esteem and meet other mums, nans and bubs.

Additional Information:

Please ensure that you wear comfortable clothing, bring a water bottle and we encourage you to bring your own mat, if you do not have one then one can be provided for you.



BOOKINGS



08 9251 5777



communicare.org.au



makeyourmove@communicare.org.au



DATES

Thursday Mornings

05/11/2020, 12/11/2020

19/11/2020, 26/11/2020,

03/12/2020, 10/12/2020



TIME

9:30 am to 10:30 am



LOCATION

Rivervale Community Centre (main Hall)

Corner of Francisco Street and Surrey Road
Rivervale



COST

Free



Australian Government
Department of Health

Make Your Move is funded by the Australian Government
Department of Health.

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