



# Belmont Primary School News

24 September, 2021

Issue # 14

Coming  
Events

**Monday 11  
October**

Teachers Return  
Student Free Day

**Tuesday 12  
October**

First day for  
students

**Wednesday 13  
October**

P&C Meeting  
1.30pm

**Quote of the  
Fortnight**

“Nothing is  
IMPOSSIBLE.  
The word itself  
says “TM  
POSSIBLE.”

*Audrey Hepburn*

**Dear Parents and Caregivers,**

And another term draws to an end—and to show how busy we have been this term, a photographic recount is included in this newsletter.

**Dance & Music Showcase:**

What an amazing presentation by all our students. It is great to watch the level of progression from our Kindy students to our year 5/6 students. All students gave 100% and this was evident in all the dance performances. So proud of all the students.

It was lovely to see our Special Guests enjoy their outing, and I look forward to forming a closer partnership with Craig Care and the activities involved between the residents and our students.

Congratulations go to our Guitarists, Drum Beatz group and our Choir. Well done, everyone and a special “well done” to Mr Fishwick and Ms Alban — o u t s t a n d i n g performances.

To Megan, our Dance Instructor for the past 10 weeks—our sincere thanks, and we hope to see you back at Belmont next year.

A special “thank you” to our Student Councillors who presented our program and kept things flowing smoothly.

And, last but not least, a special thank you to the P&C members who assisted with the sausage sizzle and the organisation of this event before the Dance night. A big round of applause to Mrs Yolanda Trigger—her first Dance event—for all the work you did in the background. I’m sure everyone enjoyed their sausage sizzle.

**Final 3rd Term Assembly: . . .**

Congratulations to our Sports’ Award recipients. I’m sure Mrs McDonald had a hard job nominating our recipients as we see such great Sportsmanship at Belmont.

Thanks, once again, to our Councillors for stepping up and presenting our final assembly.

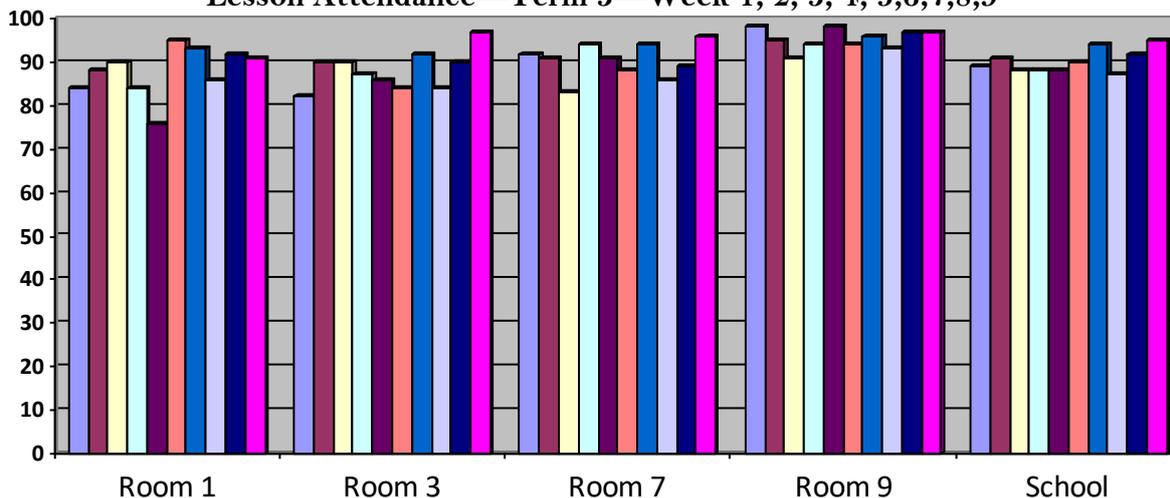
**4th Term Planner:**

A hard copy will be sent home with the eldest student in each family. Please keep this handy so you are aware of the different events planned for this term—it will be very busy. We will also be sending home reminders via Connect so please check these notices when they are sent.

We have Swimming Lessons in Weeks 5 & 6 and, as part of our PE curriculum, anticipate all students from Pre-Primary to Year 6 to attend. A payment and Excursion note will be sent home at the beginning of Term 4.

**Sports Carnival**—this is now planned for the 22nd October with

Lesson Attendance—Term 3—Week 1, 2, 3, 4, 5,6,7,8,9



more details on starting times and events will be sent out at the beginning of next term.

I have added a photo of the Crew neck T-Shirts we would like to see the students wear to the Carnival, and which they can also wear on their Phys Ed lesson day—Mondays. These T-Shirts were purchased at Best and Less for \$4, but I also know that K-Mart stock similar T-Shirts for \$3.

The formation of a Sports' shirt will be discussed at both School Council and P&C meetings to add to our School Uniform policy and requirements. Any feedback would be gratefully accepted. This can be forwarded to either myself, or your P&C President to add to our meeting agendas.



Have a safe and happy break—make special memories with your children.

See you all back on Tuesday, 12th October.

*Stephanne Dann—Principal*



### Free to a Good Home!

We still have some **computer desks** which were in the Library. Now that we have new desks and benches for the computers, these desks are no longer needed. Please let the front office know if you would like one as a student desk for yourself, or for your children.



## Congratulations

### Merit Certificates—Sports Awards

Congratulations to the following students who received certificates at This mornings assembly:

#### Sportsmanship Awards;

- Max T
- Elianah W
- Danny V
- Sari W

#### Athletic Ability

- Platon K
- Shehryar S
- Imogen C
- Shrinand S



## Office News

### Payment of School Accounts

Thank you so much to the families who have paid their school fees. We still have quite a few who haven't.

Don't forget.....

1. We have Eftpos facilities in the office for your convenience.
2. We also have Direct Deposit facilities, **BSB: 066 040 Account #: 19901797 Ref: Your child's name.**
3. Or you may pay by cash.

## Science Corner



### Waste Wise



Over the holidays please keep your used batteries, newspapers and any other materials that could be used at our Recycling Centre. On your return to school, please place the items in the containers located outside Room 3.

Thank you everyone who supports, contributes and uses the materials from the Recycle Centre.

*Tip*—Turn down the thermostat on your hot water system. Lowering it by just one degree can reduce heating energy costs by about four percent.

### Sunsmart

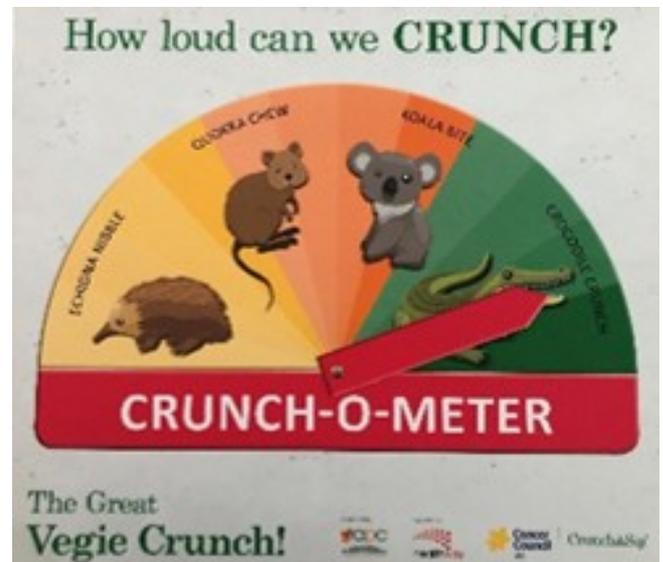


As part of our Sunsmart policy students need to wear a hat that covers their ears, i.e. a legionnaire style, bucket/surfie style (6cm brim) or broad-brimmed (7.5cm brim) hat during **all 4 terms of school**. The school hats are available to purchase at the Uniform Shop. They will need their hat for recess, lunchtime, physical education, gardening, Sports carnivals, any classroom activities that are taken outside and excursions.

*Tip*—Sun exposure can lead to skin cancer and other forms of skin and eye damage later in life. Remember to Slip! Slop! Slap! Seek! Slide!

### Crunch&Sip®

We managed a very loud crunch with our vegetables for the Great Vegie Crunch!!



Thank you everyone for making this event successful.

Crunch and Sip will continue next term. I would like to thank all the parents and carers for your continued support to make this program successful at Belmont Primary.



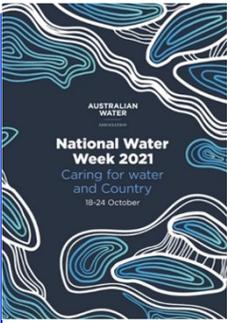
#### Pack more vegetables into your dinner

- Add grated zucchini, mushroom or carrot to tomato based pasta sauces
- Add extra vegies and beans into soups, stews, pasta and rice dishes
- Include a side salad or a serve of steamed vegetables with hot dishes
- Try cabbage and lettuce leaves as edible containers with savoury fillings
- Explore different ways of preparing vegetables e.g. stir fry, curry, grated in sauce, steamed, roasted, slow cooked or raw.
- Make takeaway meals healthier by adding in extra vegies – e.g. stuff some extra salad into burgers, stir steamed vegetables into takeaway pasta and rice dishes, or top pizzas with extra spinach, rocket, diced capsicum or diced tomato

### Water Wise.



Next month we will celebrate National Water Week during 18 October to 24 October 2021. The theme is Caring for Water and



Country. We will be having a free incursion from the Waterwise Education Officers on Water Conservation (K-2) Water in Aboriginal Culture (Years 3-6) on Thursday 21 October.

Fact—Water contains no fats, no proteins, no carbohydrates and therefore no calories

Tip—



**Choose waterwise plants**  
Choose waterwise plants that are best suited to your region. Waterwise gardens need less water and less maintenance, making your life a little bit easier.



Mrs Waters—Science Teacher

## P&C News

What a wonderful performance showcase night it was on Tuesday under the stars.



We hope you all enjoyed your hot off-the-BBQ pre-show sausage sizzle and thank everyone for their patience and positivity when the line swelled. We were all first timers and look forward to an even bigger and better sizzle next year.

I want to say a huge thank you to our P&C members who put this event on, with much activity in the lead up and on the night from Banu, Jana, Olivia, Tiffnany and Tabitha. And a very special thank you to Ruthvik's dad, Bala, for his knife skills on the onions, and to Zac's dad, Dany and Max's dad, Ben, for the hardest job of the night - cooking all those sausages!

We served over 180 sausages in an hour!

I'd also like to thank our Member for Belmont, Cassie Rowe (MLA), for her generous donation of funds towards expenses for this event.



We look forward to our final school term for the year next month, and to the Sports Carnival Food Stall. We welcome donations of food items for sale on the day to students and parents.

We will be meeting the first week back on **Wednesday 13th October @ 1.30pm** at the school and welcome you to join us.

Email us anytime at, [belmontprimaryschoolpandc@gmail.com](mailto:belmontprimaryschoolpandc@gmail.com)

And don't forget to find and like the Belmont Primary School P&C Facebook page to keep in the loop!

Your P&C

## Assembly Awards



## [Belmont Primary School Kitchen Garden \(BPSKG\)](#)

(Click on link above to view on website).

Hello my fellow **Garden Green Thumbs!**

I'm the **Garden Guru** and I have been checking out Belmont Primary School's Exotic School Garden! The students of B.P.S and their wonderful gardening teacher, Mrs Tero, have been putting so much time and effort into maintaining and keeping the garden beautiful and healthy for our school community to enjoy and admire.

### We have been:

- Weeding and watering
- Planting and composting
- Propagating and learning about future foods
- Moving and relocating garden beds
- Recycling, upcycling and repurposing materials we have found around the school
- Investigating and designing DIY planters and vine racks
- Practicing our gardening safety skills
- Working as teams and developing our love of gardening

Did you know that Spring is the best season to start growing your plants? If you're wondering about which plants grow best, here are some scrumptious fruits and vegies that **YOU** can grow at home!

- Cucumbers
- Carrots
- Tomatoes
- Broccoli
- Garlic
- Potatoes



Here are some gardening tips for you when you are doing some planting at home:

- Help your pots to stay cool
- Do hard work when the weather is cool
- Protect your new plantings as they are more fragile
- Add nutrients to your water

Enjoy the sun and get gardening green thumbs!  
Keep caring for the environmental and our future.

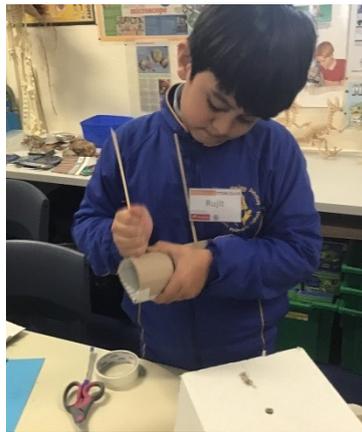
Garden forever whenever, Garden Guru!



# Term 3 Recap in Photos



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## Community News



Spring School Holiday Workshops with LEGO® Bricks

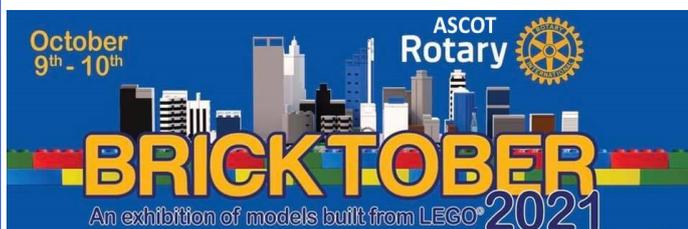
FUN for the Kids 😊 More TIME for You

Online enrolment is at the following link:

<https://www.brick4kidz.com.au/perth-gosnells/program-events/school-holiday-workshops-activities-lego-bricks/>

Our Spring School Holiday Workshops are located at the following locations:

- BRICKS 4 KIDZ City West @ West Perth



**Bricktober-Perth is a yearly event that showcases models built from LEGO® by fans of the brick in Perth W.A. Exhibitions and displays of LEGO® for all ages.**

**Bricktober-Perth is also a family friendly event that brings the community and fans of the brick in Perth, WA together.**

In the build up, we will be running a photography competition that we welcome your students to enter. They can win great prizes and have their photo displayed at Bricktober Perth 2021.

Photographs must meet the Environment theme and include at least one of the following items:

- LEGO® minifigures,
- LEGO® bricks or
- LEGO® builds.

For full terms and conditions visit our website:

<http://www.bricktober.info/bricktober-perth-2021-photography-competition/>

**DATE:** October 9th and 10th 2021

**WHERE:** Curtin Stadium, Curtin University, Bentley Campus

**TIME:** Commencing at 9.00am and finishing each day at 4.30pm.

**TICKETS:** Are available for purchase online, please nominate the day and time you would like to attend. Get in early and choose the time you prefer. Individual tickets are \$12 per person, a Family of 4 ticket is \$36. Children 2 years and under admitted free. Tickets available at: <https://www.myshowtickets.com.au/>

**ACTIVITIES** at Bricktober - Perth include:

- Over 250 tables of LEGO® models built by fans of LEGO® in Perth
- Competitions - sign up on the day
- Food and refreshments available for purchase
- LEGO® items available for purchase
- Appearances by Star Wars, Superhero and Princesses
- Drive a LEGO® train or Technic remote-controlled vehicle.

Lots of LEGO® to touch, play and build. Over 800m<sup>2</sup> of LEGO® in the Interactive Zone Bricktober – Perth is a project of The Rotary Club of Ascot (Inc). in conjunction with The West Coast LEGO® Users Group.